

# How many pills have you missed?\*

Up to two,  
anywhere in the pack (only **one** if  
taking the pills Loestrin 20, Mercilon  
or Femodette).

Take the last pill you missed now.  
Take the rest of the pack as usual.  
Leave the earlier missed pill.  
No additional contraception needed.

Three or more,  
(**two** if taking the pills Loestrin 20,  
Mercilon or Femodette).

Take the last pill you missed now.  
Take the rest of the pack as usual.  
Leave any earlier missed pills.  
Use an extra method of  
contraception for the next seven days.  
If you have had unprotected sex in  
the previous few days, you may need  
emergency contraception. Seek  
advice.

How many pills are left in the pack  
after the missed pill?

Seven or more

Finish pack, have the usual  
seven day break or take  
the placebo tablets.

Less than seven

Finish pack and begin new  
one the next day.  
(This means missing out  
the break or not taking the  
placebo tablets.)

*\*If you miss pills and have also missed pills in  
your previous packet, speak to your doctor or  
nurse as you may need emergency  
contraception.*